AIKIDO SCHEDULES

effective September 1, 2016

AIKIDO CENTRE - 690 Sumas St. (see contact information at bottom of page)

Beginner Classes start Sept 19, 2016, Nov 7, 2016, Jan 2, 2017, Feb 20, 2017, Apr 10, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 7:15 pm Regular	5:25-6:20 pm *Age 7-11* 6:20-7:15 pm *Age 12-17* Juniors / Split	6:00 - 7:15 pm Regular	5:25-6:20 pm *Age 7-11* 6:20-7:15 pm *Age 12-17* Juniors / Split	6:00 - 7:15 pm Regular	10:30 - noon Regular	9:00 - 10:15 am Regular
7:30 - 8:45 pm Beginners	7:30 - 8:45 pm Regular	7:30 - 8:45 pm Beginners	7:30 - 8:45 pm Regular			

UVIC

(info 595-0390) http://web.uvic.ca/~aikido/

MONDAY	WEDNESDAY
6:00 - 8:00 pm	6:00 - 8:00 pm

SHAWNIGAN LAKE

(info 250-743-4791)

MONDAY	WEDNESDAY	SATURDAY
7:30 - 8:45 pm	7:30 - 8:45 pm	8:30 - 9:30 am

CRANE AIKIKAI (DUNCAN)

(1BB - 2753 Charlotte Rd - info 250-701-0222)

TUESDAY	THURSDAY	SATURDAY
7:30 - 9:30 pm	7:30 - 9:30 pm	9:00 - 10:30 am

SAN SHU KAN

(239 Menzies - info 382-5282) www.sanshukan.com

MONDAY	TUESDAY	THURSDAY	SATURDAY
6 - 7 pm Juniors	6 - 7:15 pm LV 2 & up	6 - 7:15 pm LV 2 & up	10:30 - noon LV 1 & up
7:30 - 9 pm LV 2 & up	7:30 - 9 pm Beginners	7:30 - 9 pm Beginners	

AIKIDO CENTRE PHONE 250-381-AIKI (2454) www.VictoriaAikidoCentre.bc.ca

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